

9:30am Coffee Sundays & News 9:30am Coffee Talk & News 10:00am Sunday Stretch 10:00am Upper Body Stretches 10:30am You "Auto" Know 10:30am Daily Chronicle 11:45am Dining Club 2:00pm-4:00pm 2:00pm Pipe Cleaner Pumkin Spooky Cinema w/ Popcorn 3:00pm Bible Jingo 4:45pm Dining Club

4:45pm Dining Club

9:30am Coffee Talk & News

10:00am Chair Aerobics

10:30am Daily Chronicle

2:00pm Breast Cancer Trivia

11:45am Dining Club

3:00pm Bingo Time

4:45pm Dining Club

13 Columbus Day

7 Fruit At Work Day

14 Dessert Day

10:00am Sittercise

2:00pm Poker 21

4:45pm Dining Club

10:30am Daily Chronicle

11:45am Dining Club

Mail pass Monday- Friday. All

Activities are subject to change

the month.

9:30am Social Hour w/ Coffee 10:00am Musical Stretch 10:30amDaily Chronicle 11:45am Dining Club 2:00pm Caramel Apples 3:00pm Loteria Hour 4:45pm Dining Club

9:30am Social Hour w/ Coffee

3:00pm Smores Hour Circle W/ Music

10:30am Daily Chronicle 11:45am Dining Club

2:00pm Oktober Fest 3:00pm Dollar Bingo 4:45pm Dining Club

9:30am Coffee Chat

10:00am Balloon Toss

11:45am Dining Club

4:45pm Dining Club

9:30am Coffee Chat

11:45am Dining Club

4:45pm Dining Club

10:00am Midweek Stretch

10:30am Daily Chronicle

3:00pm Bingo

15 I love Lucy Day

10:30am Daily Chronicle

2:00pm Residents Council Meeting

2:00pm-4:00pm

Karaoke Hour

8 Hero Day

2:00pm Memorial For Lupe 3:00pm Poker 21 4:45pm Dining Club

11:45am Dining Club

9 Pans/ Pandas Awareness Day 9:30am Coffee w/ Cookies Social 10:00am Pool Noodle Stretches 10:30am Daily Chronicle 11:45am Dining Club 2:00pm Dice Game

9:30am Coffee w/ Cookies Social

2:00pm Pretty Nails & Grooming

3:00pm Poker 21 4:45pm Dining Club

10:00am Sit & Be Fit

11:45am Dining Club

10:30am Daily Chronicle

16 Sports Day

10 Cake Decorating Day

11:45am Dining Club

3:00pm Bingo Hour

4:45pm Dinnig Club

2:00pm Entertainment w/ Angie

9:30am Coffee Social 10:00am Line Dancers 10:30am Daily Chronicle 11:45am Dining Club 2:00pm Mummy Hot Dogs 3:00pm Loteria Hour 4:45pm Dinnig Club

17 Black Poetry Day

9:30am Coffee Social

11:45am Dining Club

3:00pm Bingo Hour

4:45pm Dinnig Club

10:00am Tai Chi Exercise

10:30am Daily Chronicle

11 Yarn Day

2:00pm Bingo

9:30am Saturday Coffee 10:00am Saturday Stretch 10:30am Daily Chronicle 11:45am Dining Club 2:00pm Bingo 3:00pm Bible Jingo Study 4:45pm Dining Club

11:45am Dining Club

3:00pm Bible Study

4:45pm Dining Club

12 Vermont Day

11:45am Dining Club

9:30am Coffee Sundays & News 10:00am Weekend Stretch 10:30am Daily Chronicle 11:45am Dining Club

9:30am Coffee Sundays & News

2:00pm-4:00pm

Drama Cinema w/ Popcorn

10:00am Sunday Stretch

10:30amDaily Chronicle

11:45am Dining Club

4:45pm Dining Club

2:00pm-4:00pm Action Cinema w/ Popcorn

4:45pm Dining Club

19 Kentucky Day

20 Youth Confidence Day

9:30am Coffee Talk & News 10:00am Chair Aerobics 10:30am Daily Chronicle 11:45am Dining Club 2:00pm Bible Study 3:00pm Bible Jingo 4:45pm Dining Club

21 Back to The Future Day

9:30am Social Hour w/ Coffee 10:00am Musical Stretch 10:30am Daily Chronicle 11:45am Dining Club 2:00pm Spider Food Craft 3:00pm Dollar Bingo 4:45pm Dining Club

22 Color Day

9:30am Coffee Chat 10:00am Balloon Toss 10:30am Daily Chronicle 11:45am Dining Club 2:00pm Pumkin Painting 3:00pm Bingo 4:45pm Dining Club

3:00pm Bingo Time 4:45pm Dining Club

23 TV Talk Host Day 9:30am Coffee w/ Cookies Social 10:00am Pool Noodle Stretches 10:30am Daily Chronicle 11:45am Dining Club 2:00pm All Staff Meeting

3:00pm Bingo Time 4:45pm Dining Club 24 Pharmacy Buyer Day 9:30am Coffee Social

10:30am Daily Chronicle

2:00pm-4:00pm October BDay Bash w/ Mr. Gale 18 No Beard Day 9:30am Saturday Coffee 10:00am Saturday Stretch 10:30am Daily Chronicle 11:45am Dining Club 2:00pm Bingo 3:00pm Bible Study 4:45pm Dining Club

2:00pm Entertainment w/ Mr. Mullen

10:00am Tai Chi Exercise 11:45am Dining Club

4:45pm Dinnig Club

25 Make A Difference Day

9:30am Saturday Coffee 10:00am Saturday Stretch 10:30am Daily Chronicle 11:45am Dining Club 2:00pm Bingo 3:00pm Bible Study

4:45pm Dining Club

9:30am Coffee Social

2:00-4:00pm Halloween Parade & Party

31 Halloween

10:00am Tai Chi Exercise 10:30am Daily Chronicle 11:45am Dining Club

26 Pumkin Day

9:30am Coffee Sundays & News 10:00am Weekend Stretch 10:30am Sports Center 11:45am Dining Club

2:00pm-4:00pm Animation Cinema w/ Popcorn

9:30am Coffee Talk & News 10:00am Upper Body Stretches 10:30am Daily Chronicle 11:45am Dining Club 2:00pm Bible Study 3:00pm Bible Jingo 4:45pm Dining Club

27 Civics Day

28 First Responders Day 9:30am Social Hour w/ Coffee 10:00am Sittercise 10:30am Daily Chronicle 11:45am Dining Club 2:00pm Bingo Store 3:00pm Poker 21

4:45pm Dining Club

29 Oatmeal Day

9:30am Coffee Chat 10:00am Balloon Toss 10:30am Daily Chronicle 11:45am Dining Club 2:00pm October Canvas 3:00pm Dollar Bingo 4:45pm Dining Club

30 Candy Corn Day

TRICK OR TREAT 9:30am Coffee w/ Cookies Social 10:00am Pool Noodle Stretches 10:30am Daily Chronicle 11:45am Dining Club 2:00pm Halloween Goodie Bags 3:00pm Dollar Bingo 4:45pm Dining Club

2025