



We want our patients to safely practice the many functional daily activities required to return home in order to feel like themselves again. Here at Palomar Heights, our team has a strong foundation built upon our four pillars of care: compassion, customization, communication, and collaboration. You'll know from the moment you enter our doors that Palomar Heights is here to serve the community. As a 5-star rated facility, we are staffed with credentialed professionals who are experts in rehabilitation and compassionate care, Palomar Heights wants patients to feel safe and protected in our care.

Get In Touch

Contact Information

Questions about Insurance?

Our financial advisors will help you understand what your plan benefits include.



Phone Number

+1 (760) 746-1100



Website

palomarheightsrehab.com



Our Location

1260 E. Ohio Ave
Escondido, CA 92027



We are proud to be a
MEDICARE
5 STAR
RATED FACILITY.

Find us on



Palomar Heights Post Acute

Skilled Nursing - Physical Therapy -
Occupational Therapy - Speech Therapy



Welcome to Palomar Heights Post Acute

where your comfort and
convenience is our number one
priority.



- **Skilled Nursing Services**

- 24-Hour Registered Nurse Coverage
- I.V. Hydration and Therapy
- CHF Program
- Pain Management
- Hemodialysis Care
- Nurse Case Manager
- Certified Wound Specialists
- In-House Salon
- Fall Prevention and Balance Program

Rehabilitation Services

- **Physical Therapy**

- Patients faced with challenges from surgery or accidents are evaluated and treated with the focus of basic function and mobility.

- **Occupational Therapy**

- Occupational therapists help patients with their motor functions, improve their abilities for activities of daily living, and teach compensatory strategies for any loss in function.

- **Speech Therapy**

- Speech therapists help patients regain a greater ability to communicate. Speech therapists also assess for dysphagia and help improve a patient's ability to safely swallow.



PALOMAR HEIGHTS
POST ACUTE