


























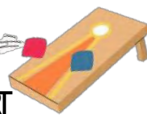










SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h1>AUGUST</h1>  <h2>2025</h2>			CHAIR YOGA EVERY WEDNESDAY IN THE DINING ROOM AT 10 AM 	RESIDENT COUNCIL MEETING AUGUST 21ST AT 10:30 AM 	9:00 DAILY CHRONICLE 10:00 CHAIR DANCING 10:30 WATER BALLOON TOSS 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 AT THE MOVIES 4:30 RESIDENTS TV CHOICE 	9:30 DAILY CHRONICLE 10:30 COFFEE AND CHAT 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 SENIOR GAMES 4:30 RESIDENTS TV CHOICE 
9:30 DAILY CHRONICLE 10:30 VISITS FROM JAME 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 WEEKEND BINGO 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 STRETCH AND SMILE 10:30 CORN HOLE 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 PRETTY NAILS 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 AM WARM UP 10:30 HULA BEACH BASKETBALL 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 DOMINOES 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 CHAIR YOGA 10:30 BOWLING FOR DOLLARS 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 BIBLE STUDY 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 USE IT OR LOSE IT 10:30 SWAT THE FLY 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 ICE CREAM YOU SCREAM 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 MOVE TO THE BEAT 10:30 SING ALONG WITH STEVE 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 BOARD GAMES 4:30 RESIDENTS TV CHOICE 	9:30 DAILY CHRONICLE 10:30 BOWLING 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 SENIOR GAMES 4:30 RESIDENTS TV CHOICE 
9:30 DAILY CHRONICLE 10:30 VIEWS ON THE NEWS 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 ARTS & CRAFTS 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 MOVE TO THE BEAT 10:30 RING TOSS 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 PATIO SUNSHINE 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 ROCKIN' AEROBICS 10:30 LET'S GARDEN 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 BINGO 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 CHAIR YOGA 10:30 BIRTHDAY CELEBRATIONS W/ MIKE 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 BIBLE STUDY 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 BEND & STRETCH 10:30 WATER BALLOON TOSS 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 ICE CREAM YOU SCREAM 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 CREATIVE MOVEMENT 10:30 MUSIC MEMORIES W/ JOEY 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 AT THE MOVIES 4:30 RESIDENTS TV CHOICE 	9:30 DAILY CHRONICLE 10:30 ARMCHAIR TRAVEL 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 MIND JOGGERS 4:30 RESIDENTS TV CHOICE 
9:30 DAILY CHRONICLE 10:30 VISITS FROM JAME 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 WEEKEND BINGO 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 ST AND GET FIT 10:30 BEAN BAG TOSS 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 PAMPERING TIME 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 USE IT OR LOSE IT 10:30 HULA BEACH BASKETBALL 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 ART EXPRESSIONS 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 CHAIR YOGA 10:30 LET'S GET COOKING 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 BIBLE STUDY 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 MORNING STRETCH 10:30 RESIDENT COUNCIL MEETING 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 LET'S CELEBRATE OUR SENIORS 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 LOCOMOTION 10:30 BALLOON VOLLEYBALL 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 CONNECT FOUR 4:30 RESIDENTS TV CHOICE 	9:30 DAILY CHRONICLE 10:30 RING TOSS 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 BRAIN CRUNCHERS 4:30 RESIDENTS TV CHOICE 
9:30 DAILY CHRONICLE 10:30 SENIOR TOPICS 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 PUZZLES 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 AM WARM UP 10:30 SWAT THE FLY 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 OUTDOOR STROLLS 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 STRETCH & SMILE 10:30 BALLOON VOLLEYBALL 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 BOARD GAMES 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 CHAIR YOGA 10:30 NAME THAT TUNE W/ STEVE 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 BIBLE STUDY 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 STRETCH AND SMILE 10:30 CORN HOLE 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 ICE CREAM YOU SCREAM 4:30 RESIDENTS TV CHOICE 	9:00 DAILY CHRONICLE 10:00 MORNING STRETCH 10:30 MUSIC MEMORIES W/ JOEY 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 MOVIE POPCORN 4:30 RESIDENTS TV CHOICE 	9:30 DAILY CHRONICLE 10:30 COFFEE AND COMPANY 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 EXPRESS YOURSELF 4:30 RESIDENTS TV CHOICE 
9:30 DAILY CHRONICLE 10:30 VISITS FROM JAME 11:30 SOUP SOCIAL 2:00 HYDRATION CART 3:00 WEEKEND BINGO 4:30 RESIDENTS TV CHOICE 	ICE CREAM EVERY THURSDAY AT 3PM 	CASH IN YOUR BINGO BUCKS FOR SNACKS ON FRIDAY, AUGUST 8TH 	SENIOR CITIZENS DAY LUAU CELEBRATION  AUGUST 21 ST AT 3 PM 	AVAILABLE THROUGHOUT THE DAY: BOOKS – MIND GAMES – COLORING PAGES – RADIO- 1:1 ROOM VISITS AND MORE....	SHERWOOD OAKS POST ACUTE 250 FAIRMEN RD WESTLAKE VILLAGE, CA 91361 805-494-1233  	

ALL ACTIVITIES ARE SUBJECT TO CHANGE DUE TO RESIDENTS NEEDS OR CHOICE.